

# Packing tips from ACA

- Plan ahead. Realize your child will be living out of a backpack, duffel bag, suitcase, or trunk
- Review camp packing lists
- Label everything using laundry pens, iron-ons or sew-in labels
- Break in shoes and boots before camp begins

## Headgear

- Scarves
- Bandanas
- Baseball caps
- Sunhat
- Eyeglasses
- Sunglasses
- Swimming goggles

## Clothing

- T-shirts/tank tops
- Shorts
- Long pants
- Jeans
- Jacket
- Raincoat
- Sweater
- Sweatshirt/sweatpants
- Swim suit
- Dress clothes (check with camp)
- Pajamas and robe
- Underwear

## Footwear

- Boots
- Tennis shoes
- Sandals/flip-flops
- Dress shoes (check with camp)
- Socks

## Bed and bath

- Towels (bath, hand and beach)
- Mattress pad
- Blanket
- Pillow and pillow cases
- Sheets
- Sleeping bag
- Laundry bag

## Bathroom kit

- Brush and comb
- Shampoo
- Soap and soap container
- Toothbrush and holder
- Toothpaste
- Deodorant
- Anti-itch ointment
- Insect repellent
- Feminine products
- Sunblock
- Shaving gear
- Lip balm

## Gear

- Books and magazines
- Flashlight and batteries
- Frisbee and toys
- Water bottle
- Writing paper, envelopes, stamps

Check with your child's camp on policies for electronics, musical instruments, sports equipment and special gear.

